

# Apple Laptops' Diagnostic techniques, tips, howto

## 2021 MacBook Pro boot from USB

<https://www.ninjastik.com/support/2018-macbook-pro-boot-from-usb/>

Mac Book Pro: Boot into Recovery Mode

To access Recovery Mode, turn off your Macbook, turn it on and hold the Command (⌘) and R keys. Keep holding them through the chime sound until you see the Recovery Screen below...

Mac OS X Utilities menu:

Restore From Time Machine Backup

Reinstall Mac OS X

Get Help Online

Disk Utility

Unique solution ID: #1116

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